



CHECK OUT OUR FACEBOOK, INSTAGRAM OR THE TOWN OF ROCANVILLE WEBSITE AND COMMUNITY CALENDAR FOR THE FULL SCHEDULE!

JANUARY @ THE UNIVERSE SATELLITE AQUATIC CENTRE

TUESDAY, JANUARY 6

7:30 AM TO 9:00 AM - LANE SWIM
9:00 AM TO 10:30 AM - FAMILY SWIM
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 3:00 PM - FAMILY SWIM
4:00 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM - AQUAFIT

WEDNESDAY, JANUARY 7

7:30 AM TO 9:00 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 3:00 PM - FAMILY SWIM
4:00 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

THURSDAY, JANUARY 8

4:00 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM - AQUAFIT

FRIDAY, JANUARY 9

7:30 AM TO 9:30 AM - LANE SWIM
11:00 AM TO 12:00 PM - SENIOR SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
4:00 PM TO 7:00 PM - PUBLIC SWIM

SATURDAY, JANUARY 10

9:00 AM TO 12:00 PM - PUBLIC SWIM
1:00 PM TO 2:00 PM - LANE SWIM
6:00 PM TO 9:00 PM - EVENING SWIM

SUNDAY, JANUARY 11

9:00 AM TO 12:00 PM - PUBLIC SWIM
1:00 PM TO 2:00 PM - LANE SWIM
6:00 PM TO 9:00 PM - EVENING SWIM

MONDAY, JANUARY 12

7:30 AM TO 8:30 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
12:00 PM TO 1:00 PM - OPEN FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
4:00 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

TUESDAY, JANUARY 13

7:30 AM TO 8:30 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
12:00 PM TO 1:00 PM - FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
4:00 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

WEDNESDAY, JANUARY 14

6:30 AM TO 7:15 AM - EARLY BIRD AQUAFIT
7:30 AM TO 9:00 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
11:00 AM TO 12:00 PM - SENIOR SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

THURSDAY, JANUARY 15

6:30 AM TO 8:30 AM - LANE SWIM
9:00 AM TO 10:30 AM - FAMILY SWIM
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 2:30 PM - PARENTS & TOT AQUAFIT
4:00 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM - AQUAFIT

FRIDAY, JANUARY 16

6:30 AM TO 7:30 AM - EARLY BIRD AQUAFIT
7:30 AM TO 9:30 AM - LANE SWIM
12:00 PM TO 1:00 PM OPEN FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 6:30 PM - PUBLIC SWIM

SATURDAY, JANUARY 17

9:00 AM TO 10:30 AM - PUBLIC SWIM
1:00 PM TO 2:00 PM - LANE SWIM
6:00 PM TO 9:00 PM - EVENING SWIM

SUNDAY, JANUARY 18

9:00 AM TO 10:00 AM - LANE SWIM
10:00 AM TO 12:00 PM - FAMILY SWIM
1:00 PM TO 6:00 PM - PUBLIC SWIM

MONDAY, JANUARY 19

7:30 AM TO 8:30 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
12:00 PM TO 1:00 PM - OPEN FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

TUESDAY, JANUARY 20

7:00 AM TO 8:30 AM - LANE SWIM
9:00 AM TO 10:30 AM - FAMILY SWIM
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM - AQUAFIT

WEDNESDAY, JANUARY 21

6:30 AM TO 7:15 AM - EARLY BIRD AQUAFIT
7:30 AM TO 9:30 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
11:00 AM TO 12:00 PM - SENIOR SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

THURSDAY, JANUARY 22

6:30 AM TO 8:30 AM - LANE SWIM
9:00 AM TO 10:30 AM - FAMILY SWIM
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 2:30 PM - PARENT & TOT AQUAFIT
4:00 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM - AQUAFIT

FRIDAY, JANUARY 23

6:30 AM TO 7:30 AM - EARLY BIRD AQUAFIT
7:30 AM TO 9:30 AM - LANE SWIM
12:00 PM TO 1:00 PM OPEN FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 8:30 PM - PUBLIC SWIM

SATURDAY, JANUARY 24

9:00 AM TO 10:30 AM - PUBLIC SWIM
1:00 PM TO 2:00 PM - LANE SWIM
2:00 PM TO 4:30 PM - FAMILY SWIM
6:00 PM TO 9:00 PM - EVENING SWIM

SUNDAY, JANUARY 25

9:00 AM TO 10:00 AM - LANE SWIM
10:00 AM TO 12:00 PM - FAMILY SWIM
1:00 PM TO 3:00 PM - PUBLIC SWIM

MONDAY, JANUARY 26

7:30 AM TO 8:30 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
12:00 PM TO 1:00 PM - OPEN FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

TUESDAY, JANUARY 27

7:00 AM TO 8:00 AM LANE SWIM
9:00 AM TO 10:30 AM FAMILY SWIM
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM AQUAFIT

WEDNESDAY, JANUARY 28

6:30 AM TO 7:15 AM - EARLY BIRD AQUAFIT
7:30 AM TO 9:30 AM - LANE SWIM
9:30 AM TO 10:30 AM - AQUAFIT
11:00 AM TO 12:00 PM - SENIOR SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 6:30 PM - PUBLIC SWIM
6:30 PM TO 8:00 PM - LANE SWIM

THURSDAY, JANUARY 29

6:30 AM TO 8:30 AM - LANE SWIM
9:00 AM TO 10:30 AM - FAMILY SWIM
11:00 AM TO 12:00 PM - SENIOR AQUAFLEX
1:30 PM TO 2:30 PM - PARENT & TOT AQUAFIT
4:00 PM TO 7:00 PM - PUBLIC SWIM
7:00 PM TO 8:00 PM - AQUAFIT

FRIDAY, JANUARY 30

6:30 AM TO 7:30 AM - EARLY BIRD AQUAFIT
7:30 AM TO 9:30 AM - LANE SWIM
12:00 PM TO 1:00 PM OPEN FITNESS SWIM
1:30 PM TO 3:00 PM - FAMILY SWIM
3:30 PM TO 8:30 PM - PUBLIC SWIM

SATURDAY, JANUARY 31

9:00 AM TO 12:00 PM - PUBLIC SWIM
1:00 PM TO 2:00 PM - LANE SWIM
2:00 PM TO 4:30 PM - FAMILY SWIM
6:00 PM TO 9:00 PM - EVENING SWIM



UNIVERSE SATELLITE AQUATIC CENTRE



UNIVERSE_SATELLITE_AQUATIC

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